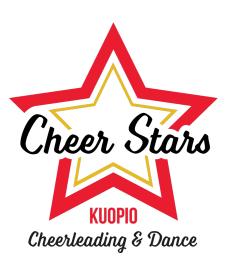
# MEMBERS GUIDE

Welcome to Cheer Stars ry! In this guide, you will find information about payments, rules and other important things you need to have a look at before joining one of our teams.

Cheer Stars ry is a cheer gym founded in 2002. We are located in Eastern Finland, Kuopio. We have over 400 cheerleaders and cheerdancers, divided into 23 teams in five age categories. All teams are listed at the end.



### **TEAM RULES**

- 1. Be early, you should be ready to cheer 5 minutes before your practice starts
- 2. Let your coach know, if you are late or not coming
- 3. Wear sporty and comfy clothes, hair should be tied up, nails must be kept short and no jewellery is allowed. cheer shoes are strongly recommended in cheerleading.
- 4. Phones must be kept silent during practice
- 5. You must focus and listen to your coaches, no chitchatting with friends when practicing6. Everything done outside practice is at your own responsibility
- 7. When wearing gyms clothing or uniform, you're representing your cheer gym and must act sportsmanlike
- 8. Parents are always welcome to view our practice

## **OUR TEAMS**

## Cheerleading

Wild	adult level 5	ages 2007 or before
Fierce	junior level 4	ages 2005-2010
Sassy	junior level 3	ages 2005-2010
Bold	junior level 2	ages 2005-2010
Brave	junior/youth non-competitive	ages 2005-2012
Darling	youth level 3	ages 2009-2012
Adorable	youth level 2	ages 2009-2012
Amazing	tiny level 1	ages 2012-2016
Shining	tiny non-competitive	ages 2012-2016
Stunning	tiny non-competitive	ages 2012-2016
Wonderful	tiny non-competitive cheer/dance	ages 2012-2016
Cuddly	tiny non-competitive cheer/dance	ages 2017-2018
Bubbly	tiny non-competitive cheer/dance	ages 2019-2020

## Cheerdance

Royal	adult national level	ages 2007 or before
Magnificent	adult mid level	ages 2007 or before
Divine	adult non-competitive	ages 2007 or before
Dangerous	adult hiphop	ages 2007 and before
Fabulous	junior national level	ages 2005-2009
Pretty	junior mid level	ages 2012 and before
Dreamy	youth representative team	ages 2009-2012
Sparkles	youth non-competitive	ages 2009-2012
Fantastic	youth representative team	ages 2012-2014
Fancy	youth mid level	ages 2012-2016
Lovely	youth non-competitive	ages 2012-2016

Non-competitive teams take new members all year round, competitive teams have tryouts one or two times a year. Tryouts take place in November and June.

#### **PAYMENTS**

Monthly payments are based on the amount of weekly practices. Each teams weekly practice amount is shown in "Joukkueet" tab.

- 1 practice a week costs 38€ per month
- 2 practices a week costs 48€ per month
- 3 practices a week costs 58€ per month
- 4 practices a week costs 68€ per month

The first practice is free of cost. When you join Cheer Stars ry, you pay a joining fee which is a yearly fee. Joining fee is 45€ per year, after the first year the name changes to "members fee". July is free of monthly cost for all teams (no team practices in July), June for some teams.

If you quit in a competitive team during the season (august-may/june), you must pay the monthly fee for the rest of the season.

If you quit in a non-competitive team during the season (august-december and january-june), you must pay the monthly fee for the next two months.

Cheer Stars ry does not give refunds in a case of force majeure.

## **INSURANCE**

You need a license and an insurance to join our teams. You can get our own insurance from your own insurance company, but we recommend the National Cheerleading Association's (Suomen Cheerleadingliitto) insurance, which is Pohjola Sporttiturva. You can buy Sporttiturva-insurance as a addition to your license. See more info here:

https://scl.fi/harrastajalle/lisenssit/lisenssit-ja-ikaluokat/

## **CONTACT INFO**

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